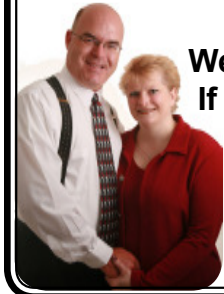


November 15, 2015

WELCOME TO
**MOUNTAIN LAKE INDEPENDENT
BAPTIST CHURCH**



We extend a warm welcome to all our visitors!
If you have small children, we invite you to take
advantage of our pleasant nursery & children's
ministries. We want to help you in your walk
with the Lord. If there is anything we can do for
you, please let us know.

S.S. TEACHER PRAYER TIME 9:30 a.m.

SUNDAY SCHOOL 9:45 a.m.

Sunday School is the place to be! We have two adult classes at
this time: a young couples' class & our auditorium class. Join us!

MORNING PREACHING SERVICE 10:45 a.m.

- King's Kids Meet Downstairs -

Scripture Reading: Habakkuk 3:1-2

A Special Recognition of our Veterans

DR. DON C. WILLIAMS

CHURCH VISITATION 5:00 p.m.

CHOIR PRACTICE 5:45 p.m.

MEN'S PRAYER MEETING 6:30 p.m.

CHILDREN'S CHOIR PRACTICE 6:30 p.m.

EVENING PREACHING SERVICE 7:00 p.m.

**Testimonies, Singing
Chalk Drawings**

We kick off our Fall Revival this evening
with a Chalk Drawing & a Bible Message by
CHALK ARTIST & EVANGELIST

DR. DON C. WILLIAMS



LEVEL I

Aleph:
Psalm 119:1
Psalm 119:2
Psalm 119:3
Psalm 119:4
Psalm 119:5
Psalm 119:6
Psalm 119:7
Psalm 119:8

Beth:
Psalm 119:9
Psalm 119:10
Psalm 119:11
Psalm 119:12
Psalm 119:13
Psalm 119:14
Psalm 119:15
Psalm 119:16

Gimel:
Psalm 119:17
Psalm 119:18
Psalm 119:19
Psalm 119:20
Psalm 119:21
Psalm 119:22
Psalm 119:23
Psalm 119:24

Daleth:
Psalm 119:25
Psalm 119:26
Psalm 119:27
Psalm 119:28
Psalm 119:29
Psalm 119:30
Psalm 119:31
Psalm 119:32

He:
Psalm 119:33
Psalm 119:34
Psalm 119:35
Psalm 119:36
Psalm 119:37
Psalm 119:38
Psalm 119:39
Psalm 119:40

Vau:
Psalm 119:41
Psalm 119:42
Psalm 119:43
Psalm 119:44
Psalm 119:45
Psalm 119:46
Psalm 119:47
Psalm 119:48

Zain:
Psalm 119:49
Psalm 119:50
Psalm 119:51
Psalm 119:52
Psalm 119:53
Psalm 119:54
Psalm 119:55
Psalm 119:56

LEVEL II

Cheth:
Psalm 119:57
Psalm 119:58
Psalm 119:59
Psalm 119:60
Psalm 119:61
Psalm 119:62
Psalm 119:63
Psalm 119:64

Teth:
Psalm 119:65
Psalm 119:66
Psalm 119:67
Psalm 119:68
Psalm 119:69
Psalm 119:70
Psalm 119:71
Psalm 119:72

Jod:
Psalm 119:73
Psalm 119:74
Psalm 119:75
Psalm 119:76
Psalm 119:77
Psalm 119:78
Psalm 119:79
Psalm 119:80

Caph:
Psalm 119:81
Psalm 119:82
Psalm 119:83
Psalm 119:84
Psalm 119:85
Psalm 119:86
Psalm 119:87
Psalm 119:88

Lamed:
Psalm 119:89
Psalm 119:90
Psalm 119:91
Psalm 119:92
Psalm 119:93
Psalm 119:94
Psalm 119:95
Psalm 119:96

Mem:
Psalm 119:97
Psalm 119:98
Psalm 119:99
Psalm 119:100
Psalm 119:101
Psalm 119:102
Psalm 119:103
Psalm 119:104

Nun:
Psalm 119:105
Psalm 119:106
Psalm 119:107
Psalm 119:108
Psalm 119:109
Psalm 119:110
Psalm 119:111
Psalm 119:112

LEVEL III

Samech:

Psalm 119:113
Psalm 119:114
Psalm 119:115
Psalm 119:116
Psalm 119:117
Psalm 119:118
Psalm 119:119
Psalm 119:120

Ain:

Psalm 119:121
Psalm 119:122
Psalm 119:123
Psalm 119:124
Psalm 119:125
Psalm 119:126
Psalm 119:127
Psalm 119:128

Pe:

Psalm 119:129
Psalm 119:130
Psalm 119:131
Psalm 119:132
Psalm 119:133
Psalm 119:134
Psalm 119:135
Psalm 119:136

Tzaddi:

Psalm 119:137
Psalm 119:138
Psalm 119:139
Psalm 119:140
Psalm 119:141
Psalm 119:142
Psalm 119:143
Psalm 119:144

Koph:

Psalm 119:145
Psalm 119:146
Psalm 119:147
Psalm 119:148
Psalm 119:149
Psalm 119:150
Psalm 119:151
Psalm 119:152

Resh:

Psalm 119:153
Psalm 119:154
Psalm 119:155
Psalm 119:156
Psalm 119:157
Psalm 119:158
Psalm 119:159
Psalm 119:160

Shin:

Psalm 119:161
Psalm 119:162
Psalm 119:163
Psalm 119:164
Psalm 119:165
Psalm 119:166
Psalm 119:167
Psalm 119:168

Tau:

Psalm 119:169
Psalm 119:170
Psalm 119:171
Psalm 119:172
Psalm 119:173
Psalm 119:174
Psalm 119:175
Psalm 119:176

LAST WEEK'S REPORT

Sunday School.....	143	Evening Service.....	80
Morning Service.....	194	Weds. Service.....	86
Last Week's General Offering..... \$3,503.92			
Last Week's Faith Missions Giving \$1,733.00			
Weekly Faith Promise Commitments (2015-2016).... \$2,497.00			
LAST WEEK'S GIVING TOWARD "BUILDING EXPANSION" FUND.... \$2,000.00			
LAST WEEK'S GIVING TOWARD BUS MINISTRY.... \$56.00			

NURSERY SCHEDULE

Nov. 15		a.m. Jacenta Wagner, Jan Morgan
		p.m. Charlotte Sines, Trish Ringer
Nov. 18	Wed.	Linda Sines
Nov. 22		a.m. Connie Wagner, Sandy Moyer
		p.m. Melissa Harvey, Krista Gerdorn
Nov. 24	Tues.	Carol Brant



Jeffrey Eylar 11-15 Ranae Harvey 11-15
 Alvin Beeman 11-19 Bobby Gravely 11-19
 Helen Harsh 11-20
 Paul Schroyer 11-21

COMING EVENTS

Nov. 24	Pie and Praise Service
Nov. 26	Thanksgiving
Nov. 29	King's Kids "Dino Store"
Nov. 29, Dec. 6, 13, 20	- Christmas Stocking 4 Week Campaign
Dec. 2	"Tips For Personal Soul Winning"
Dec. 5	Men's Prayer Breakfast
Dec. 6	Missions Emphasis - Bro. Ken Fielder, Marie Wilson
Dec. 6	Children's Choir Practice
Dec. 10-12	Ladies' Christmas Getaway - Washington, D.C.
Dec. 13	Teacher/Worker meeting
Dec. 18	Super Senior Christmas Dinner at Cornish Manor
Dec. 18	Teen Christmas Party
Dec. 19	Christmast Caroling
Dec. 20	"Jesus Is The Light" Children's Christmas Program
Dec. 24	Christmas Eve
Dec. 31	New Year's Eve
Jan. 2	Men's Prayer Breakfast
Jan. 9	Teacher/Worker Training Day

Mt. Lake Independent Baptist Church
 1005 Broadford Road

SPECIAL FALL SERVICES
 Gospel Preaching

Nov. 15-20

FM Radio 88.7
www.mlibc.org

Evangelist Don C. Williams

Chalk Artist
 Chalk Paintings each night

Sunday School 9:45 am
 Morning Services 10:45 am
 Evening Service 7:00 pm

Monday - Friday 7:00 pm

Psalm 119:160,
“Thy word is true from
the beginning: and every
one of thy righteous
judgments endureth for
ever.”

NOV. 16-22
BIBLE READING

- NOV. 16 ☐ ACTS 4-6
- NOV. 17 ☐ ACTS 7-8
- NOV. 18 ☐ ACTS 9-10
- NOV. 19 ☐ ACTS 11-13
- NOV. 20 ☐ ACTS 14-16
- NOV. 21 ☐ ACTS 17-19
- NOV. 22 ☐ ACTS 20-22

WHEN READING THESE PASSAGES,
ASK YOURSELF, “IS THERE...”

- A SIN I SHOULD AVOID?
- A PROMISE I CAN CLAIM?
- A COMMAND TO OBEY?
- AN EXAMPLE TO FOLLOW?
- A TEACHING ABOUT GOD, THE LORD JESUS, THE HOLY SPIRIT, SATAN, MAN?

I would like a cd copy
of a recent message.

Date of message: _____ am/pm?

Name: _____

Phone #: _____

Place this tab and \$4.00 per cd in the offering plate

MISSIONARY DAILY PRAYER SCHEDULE!

SUNDAY ☐

- M. A. Family - Central Asia
- Amazing Grace Missions - Market Place Evangelism
- Awake America
- Baptist International Missions Inc. - Missions Agency
- Biblical School of World Evangelism
- Mike Bardon Family - Mormon Missions
- Wes Bartley Family - St. Lucia
- Beacon of Truth Baptist Ministries - Tract Printing
- Ed Beard Family - Church Planter, Annapolis, MD
- Dr. Ron Bragg Family - B.I.M.I. Director, Africa
- Daniel Canavan Family - Ireland

MONDAY ☐

- Christian Law Association - Legal
- Dr. Pat Creed Family - B.I.M.I. Director, Caribbean
- Dan DeLong Family - B.I.M.I.
- Akin Devkota Family - Nepal
- Samuel Eastep Family - Ecatepec, Mexico
- Faith Baptist School of Theology - Preacher Training
- Fellowship Tract League - Gospel Tract Printing
- Ken Fielder Family - World View Ministries
- Joshua Florence Family - Papua New Guinea
- Timothy Fluegges Family - Dominican Republic

TUESDAY ☐

- Graham Forbes Family - England
- Dr. Gary Forney Family - Points North Baptist Mission
- Byron Foxx Family - Bible Truth Music
- Fundamental Broadcasting Network - Radio/Shortwave
- Daniel Garlick Family - La Espada
- Matt Goins Family - Honduras, Central America
- Justin Grinstead Family - Argentina
- Allen Hamilton Family - Sicily
- Justin Hayes Family - Spain
- Mike Helton Family - Spain
- Tony Hess Family - Ukraine

WEDNESDAY ☐

- Lewis Howell Family - New Zealand
- Mrs. Gail Huffman - France
- Dr. Dan Hummel Family - Beacon of Truth
- Doug Hummel Family - Beacon of Truth
- Tim Ingram Family - Brazil
- Fredrick Kearney Family - Ghana, Africa
- Luke Knickerbocker Family - Nepal
- Troy Lewis Family - Belize
- Sean Lunday Family - Brazil, South America
- Gary May Family - Indians, South Dakota
- Collette Michel - Netherlands

THURSDAY ☐

- Gerald Miller Family - Fundamental Broadcasting Network
- Ron Moreland Family - Central Asia
- Neighborhood Bible Time - Youth
- Ed O'Brien Family - Church Planting, Arkansas
- Joe Passaro Family - Military, Germany
- Chip Paugh Family - Beacon of Truth
- Matt Perrine Family - Church Planting (Petersburg, WV)
- C.P. Family - Central Asia
- Jeremy Pittman Family - Uganda, Africa
- Dr. Jerry Reece Family - Caribbean
- Nathan Ring Family - Brazil
- Jason Ritchie Family - Mongolia, Central Asia

FRIDAY ☐

- Dave Robinson Family - FBN
- Dr. Jimmy Rose Family - B.I.M.I. Brazil Director
- Dr. Fred Schindler Family - First Bible International
- Michael Schrimshire Family - Great Britain/B.I.M.I.
- Jim Shelton Family - Puerto Rico
- Shepherd's Home - Wisconsin
- Dr. Clayton Shumpert Family - C.L.A.I.M.
- Nathan Snode Family - Church Planting, Cranberry, PA
- Travis Snode Family - London, England
- Gary Sprunger Family - BIMBI Caribbean Director

SATURDAY ☐

- Dan Stroup Family - Beacon Of Truth
- Sword of the Lord - Literature
- D.T. Family - Europe
- Robert Vance Family - Missions Supply
- Chris War Family - Military Church Planting, Italy
- Henry Ward Family - Japan
- Charles Weber Family - Mongolia
- Joshua Wesson Family - Dominican Republic
- Duey Whitfield Family - Spanish America, PA
- Ray Witmer Family - Prison Ministry
- Jeff Williams Family - New Zealand

Ladies' Christmas Getaway

December 10-12



At the **Gaylord National Resort** in Washington, D.C.
Gaylord Resort sets within TANGER OUTLETS.

Also, Step inside "ICE!" - a winter wonderland created entirely of 5,000 BLOCKS of ice weighing 2 MILLION POUNDS, hand-sculpted by 40 international artisans.
Cost is \$100.00 for 2 nights, plus any other expenses. See Kathy Leatherman for more information.

Blankets for Babies



A Ladies Ministry -
making gifts for newborns to reach their families for Christ.
Next meeting is Thursday, November 19 10:00a.m. - 12:00 noon
Bring a pair of sharp scissors!

**WHEN GIVING TO
FAITH PROMISE
MISSIONS,
DON'T FORGET TO MARK YOUR
CHECK OR OFFERING ENVELOPES:
"MISSIONS!"**



Missions Emphasis Sunday

With Brother Ken Fielder of Worldview Ministries (worldviewonline.net)



All services on Sunday, December 6 - Refocusing on our missions commitments

Thanksgiving Turkey Praise Fellowship

6:00 p.m., Tuesday, November 24
Bring a side dish and pumpkin pie!

Join us for
this special
fellowship!

**Praying
for
Revival!**

JESUS IS THE LIGHT

A Children's Christmas Musical
by Glenn & Jan Christlanson
Story by Lydia Stewart

10:45 a.m.
Sunday, December 20



MEN'S PRAYER BREAKFAST

8:00 a.m.
Saturday
December 5

THIS WEEK AT MTN. LAKE INDEPENDENT BAPTIST CHURCH

MONDAY

7:00 p.m.

Special Music
CHALK ARTIST & EVANGELIST
DR. DON C. WILLIAMS

TUESDAY

7:00 p.m.

Special Music
CHALK ARTIST & EVANGELIST
DR. DON C. WILLIAMS

WEDNESDAY

7:00 p.m.

Special Music
CHALK ARTIST & EVANGELIST
DR. DON C. WILLIAMS

THURSDAY

11:30 a.m.

Bible Study - Cherry Hill Nursing Home

10:00 a.m.

BLANKETS FOR BABIES

7:00 p.m.

Special Music
CHALK ARTIST & EVANGELIST
DR. DON C. WILLIAMS

FRIDAY

7:00 p.m.

Special Music
CHALK ARTIST & EVANGELIST
DR. DON C. WILLIAMS

Saturday

12:00 p.m.

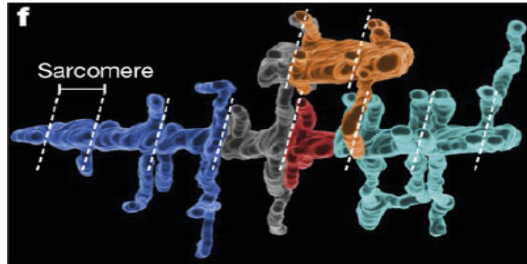
TEEN ACTIVITY
Meet at the church

Cell Feature Resembles Power Grid

by Brian Thomas, M.S. *

Apparently, it's time to alter biology and anatomy textbooks again. There's much more to mitochondria than we ever thought. Researchers revealed that these tiny cellular power houses are highly organized to efficiently deliver ATP energy. They interconnect throughout muscle cells, forming a gigantic mitochondrial network. Researchers published this stunning discovery in *Nature*, calling it the “mitochondrial reticulum.”¹

The interconnected mitochondrial net wraps around long, tubular, protein bundles that contract inside cells to make muscles move. This design efficiently delivers the right fuel to the right place at the right time and in the right quantity. But the scientists found more.



Small section of grid-like mitochondrial interconnections that wrap around specific zones within contractile protein bundles (not shown, but indicated with dashed lines) imaged inside a mouse muscle cell.

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Areas of the mitochondrial net that lie next to blood capillaries “are optimized for generating the mitochondrial membrane voltage, while the interconnected mitochondria deep in the muscle are optimized for using the voltage to produce ATP,” according to lead author Robert Balaban in a National Institutes for Health news release.²

Variable voltages maintained throughout the network fuel the mitochondrial machines that generate ATP. In other words, carbohydrate chemical energy enters the mitochondrial reticulum near the source, gets converted to electric energy which travels deep into the muscle cell, and that gets converted to ATP chemical energy right where muscle proteins need it the most. It's a brilliant manufacturing and distribution array “that resembles the wire grid that distributes power throughout a city.”²

If real people designed and built power grids in cities, it stands to reason that a real Person made miniature mitochondrial power grids in muscle cells, which are even more complicated and more tightly regulated than human-engineered systems.

References

1. Glancy, B. et al. 2015. Mitochondrial reticulum for cellular energy distribution in muscle. *Nature*. 523 (7562): 617-620.
2. High-resolution 3D images reveal the muscle mitochondrial power grid. National Institutes for Health News. Posted on nigh.gov July 30, 2015, accessed August 6, 2015.

*Mr. Thomas is Science Writer at the Institute for Creation Research.