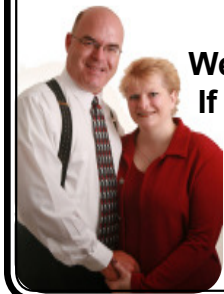


November 8, 2015

WELCOME TO  
**MOUNTAIN LAKE INDEPENDENT  
BAPTIST CHURCH**



We extend a warm welcome to all our visitors!  
If you have small children, we invite you to take  
advantage of our pleasant nursery & children's  
ministries. We want to help you in your walk  
with the Lord. If there is anything we can do for  
you, please let us know.

**S.S. TEACHER PRAYER TIME** 9:30 a.m.

**SUNDAY SCHOOL** 9:45 a.m.

Sunday School is the place to be! We have two adult classes at  
this time: a young couples' class & our auditorium class. Join us!

**MORNING PREACHING SERVICE** 10:45 a.m.

**King's Kids "Money Cupcakes!"**

Scripture Reading: 1 John 1:5-10

A Bible Message by Pastor Leatherman

***What Happens When A Christian Sings?***

**CHOIR PRACTICE** 5:45 p.m.

**MEN'S PRAYER MEETING** 6:30 p.m.

**TEACHER/WORKER MEETING** 6:30 p.m.

**EVENING PREACHING SERVICE** 7:00 p.m.

**Testimonies, Singing  
"Hymn History"**

Tonight's Bible Message from the  
Book of James by Pastor Leatherman

**How To Get Close To God, Part 2**



**LEVEL I**

**Aleph:**

Psalm 119:1  
Psalm 119:2  
Psalm 119:3  
Psalm 119:4  
Psalm 119:5  
Psalm 119:6  
Psalm 119:7  
Psalm 119:8

**Beth:**

Psalm 119:9  
Psalm 119:10  
Psalm 119:11  
Psalm 119:12  
Psalm 119:13  
Psalm 119:14  
Psalm 119:15  
Psalm 119:16

**Gimel:**

Psalm 119:17  
Psalm 119:18  
Psalm 119:19  
Psalm 119:20  
Psalm 119:21  
Psalm 119:22  
Psalm 119:23  
Psalm 119:24

**Daleth:**

Psalm 119:25  
Psalm 119:26  
Psalm 119:27  
Psalm 119:28  
Psalm 119:29  
Psalm 119:30  
Psalm 119:31  
Psalm 119:32

**He:**

Psalm 119:33  
Psalm 119:34  
Psalm 119:35  
Psalm 119:36  
Psalm 119:37  
Psalm 119:38  
Psalm 119:39  
Psalm 119:40

**Vau:**

Psalm 119:41  
Psalm 119:42  
Psalm 119:43  
Psalm 119:44  
Psalm 119:45  
Psalm 119:46  
Psalm 119:47  
Psalm 119:48

**Zain:**

Psalm 119:49  
Psalm 119:50  
Psalm 119:51  
Psalm 119:52  
Psalm 119:53  
Psalm 119:54  
Psalm 119:55  
Psalm 119:56

**LEVEL II**

**Cheth:**

Psalm 119:57  
Psalm 119:58  
Psalm 119:59  
Psalm 119:60  
Psalm 119:61  
Psalm 119:62  
Psalm 119:63  
Psalm 119:64

**Teth:**

Psalm 119:65  
Psalm 119:66  
Psalm 119:67  
Psalm 119:68  
Psalm 119:69  
Psalm 119:70  
Psalm 119:71  
Psalm 119:72

**Jod:**

Psalm 119:73  
Psalm 119:74  
Psalm 119:75  
Psalm 119:76  
Psalm 119:77  
Psalm 119:78  
Psalm 119:79  
Psalm 119:80

**Caph:**

Psalm 119:81  
Psalm 119:82  
Psalm 119:83  
Psalm 119:84  
Psalm 119:85  
Psalm 119:86  
Psalm 119:87  
Psalm 119:88

**Lamed:**

Psalm 119:89  
Psalm 119:90  
Psalm 119:91  
Psalm 119:92  
Psalm 119:93  
Psalm 119:94  
Psalm 119:95  
Psalm 119:96

**Mem:**

Psalm 119:97  
Psalm 119:98  
Psalm 119:99  
Psalm 119:100  
Psalm 119:101  
Psalm 119:102  
Psalm 119:103  
Psalm 119:104

**Nun:**

Psalm 119:105  
Psalm 119:106  
Psalm 119:107  
Psalm 119:108  
Psalm 119:109  
Psalm 119:110  
Psalm 119:111  
Psalm 119:112

**LEVEL III**

**Samech:**

Psalm 119:113  
Psalm 119:114  
Psalm 119:115  
Psalm 119:116  
Psalm 119:117  
Psalm 119:118  
Psalm 119:119  
Psalm 119:120

**Ain:**

Psalm 119:121  
Psalm 119:122  
Psalm 119:123  
Psalm 119:124  
Psalm 119:125  
Psalm 119:126  
Psalm 119:127  
Psalm 119:128

**Pe:**

Psalm 119:129  
Psalm 119:130  
Psalm 119:131  
Psalm 119:132  
Psalm 119:133  
Psalm 119:134  
Psalm 119:135  
Psalm 119:136

**Tzaddi:**

Psalm 119:137  
Psalm 119:138  
Psalm 119:139  
Psalm 119:140  
Psalm 119:141  
Psalm 119:142  
Psalm 119:143  
Psalm 119:144

**Koph:**

Psalm 119:145  
Psalm 119:146  
Psalm 119:147  
Psalm 119:148  
Psalm 119:149  
Psalm 119:150  
Psalm 119:151  
Psalm 119:152

**Resh:**

Psalm 119:153  
Psalm 119:154  
Psalm 119:155  
Psalm 119:156  
Psalm 119:157  
Psalm 119:158  
Psalm 119:159  
Psalm 119:160

**Shin:**

Psalm 119:161  
Psalm 119:162  
Psalm 119:163  
Psalm 119:164  
Psalm 119:165  
Psalm 119:166  
Psalm 119:167  
Psalm 119:168

**Tau:**

Psalm 119:169  
Psalm 119:170  
Psalm 119:171  
Psalm 119:172  
Psalm 119:173  
Psalm 119:174  
Psalm 119:175  
Psalm 119:176

## LAST WEEK'S REPORT

Sunday School.....	154	Evening Service.....	95
Morning Service.....	202	Weds. Service.....	94
Last Week's General Offering..... \$6,706.73			
Last Week's Faith Missions Giving ..... \$2,050.50			
Weekly Faith Promise Commitments (2015-2016).... \$2,497.00			
<b>LAST WEEK'S GIVING TOWARD "BUILDING EXPANSION" FUND.... \$15.00</b>			
<b>LAST WEEK'S GIVING TOWARD BUS MINISTRY.... \$74.00</b>			

## NURSERY SCHEDULE

Nov. 8		a.m. Paula Browning, Brandi Conner p.m. Vickie Clemons, Carolyn Davis
Nov. 11	Wed.	Jackie Hinebaugh
Nov. 15		a.m. Jacenta Wagner, Jan Morgan p.m. Charlotte Sines, Trish Ringer
Nov. 18	Wed.	Linda Sines



Pat Bowser 11-8  
Paul Harvey 11-10  
Ed Bowser 11-11  
Kane Browning 11-12

## COMING EVENTS

Nov. 15	Children's Choir Practice
<b>Nov. 15-20</b>	<b>Fall Revival with Dr. Don C. Williams</b>
Nov. 21	Teens Alive Activity
Nov. 24	Pie and Praise Service
Nov. 26	Thanksgiving
Nov. 29	King's Kids "Dino Store"
Nov. 29, Dec. 6, 13, 20	Christmas Stocking 4 Week Campaign
Dec. 2	"Tips For Personal Soul Winning"
Dec. 5	Men's Prayer Breakfast
Dec. 6	<b>Missions Emphasis</b> - Bro. Ken Fielder, Marie Wilson
Dec. 6	Children's Choir Practice
Dec. 10-12	<b>Ladies' Christmas Getaway</b> - Washington, D.C.
Dec. 13	Teacher/Worker meeting
Dec. 17	Super Senior Christmas Dinner
Dec. 18	Teen Christmas Party
Dec. 20	Christmas Program
Dec. 24	Christmas Eve
Dec. 31	New Year's Eve

Psalm 119:160,  
"Thy word is true  
from the beginning:  
and every one of thy  
righteous judgments  
endureth forever."

Psalm 119:160,  
“Thy word is true from  
the beginning: and every  
one of thy righteous  
judgments endureth for  
ever.”

## NOV. 9-15 BIBLE READING

NOV. 9 ☐ JOHN 8-9

NOV. 10 ☐ JOHN 10-11

NOV. 11 ☐ JOHN 12-13

NOV. 12 ☐ JOHN 14-16

NOV. 13 ☐ JOHN 17-19

NOV. 14 ☐ JOHN 20-21

NOV. 15 ☐ ACTS 1-3

WHEN READING THESE PASSAGES,  
ASK YOURSELF, “IS THERE...”

- A SIN I SHOULD AVOID?
- A PROMISE I CAN CLAIM?
- A COMMAND TO OBEY?
- AN EXAMPLE TO FOLLOW?
- A TEACHING ABOUT GOD, THE LORD JESUS, THE HOLY SPIRIT, SATAN, MAN?

I would like a cd copy  
of a recent message.

Date of message: \_\_\_\_\_ am/pm?

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Place this tab and \$4.00 per cd in the offering plate

## MISSIONARY DAILY PRAYER SCHEDULE!

### SUNDAY ☐

- M. A. Family - Central Asia
- Amazing Grace Missions - Market Place Evangelism
- Awake America
- Baptist International Missions Inc. - Missions Agency
- Biblical School of World Evangelism
- Mike Bardon Family - Mormon Missions
- Wes Bartley Family - St. Lucia
- Beacon of Truth Baptist Ministries - Tract Printing
- Ed Beard Family - Church Planter, Annapolis, MD
- Dr. Ron Bragg Family - B.I.M.I. Director, Africa
- Daniel Canavan Family - Ireland

### MONDAY ☐

- Christian Law Association - Legal
- Dr. Pat Creed Family - B.I.M.I. Director, Caribbean
- Dan DeLong Family - B.I.M.I.
- Akin Devkota Family - Nepal
- Samuel Eastep Family - Ecatepec, Mexico
- Faith Baptist School of Theology - Preacher Training
- Fellowship Tract League - Gospel Tract Printing
- Ken Fielder Family - World View Ministries
- Joshua Florence Family - Papua New Guinea
- Timothy Fluegges Family - Dominican Republic

### TUESDAY ☐

- Graham Forbes Family - England
- Dr. Gary Forney Family - Points North Baptist Mission
- Byron Foxx Family - Bible Truth Music
- Fundamental Broadcasting Network - Radio/Shortwave
- Daniel Garlick Family - La Espada
- Matt Goins Family - Honduras, Central America
- Justin Grinstead Family - Argentina
- Allen Hamilton Family - Sicily
- Justin Hayes Family - Spain
- Mike Helton Family - Spain
- Tony Hess Family - Ukraine

### WEDNESDAY ☐

- Lewis Howell Family - New Zealand
- Mrs. Gail Huffman - France
- Dr. Dan Hummel Family - Beacon of Truth
- Doug Hummel Family - Beacon of Truth
- Tim Ingram Family - Brazil
- Fredrick Kearney Family - Ghana, Africa
- Luke Knickerbocker Family - Nepal
- Troy Lewis Family - Belize
- Sean Lunday Family - Brazil, South America
- Gary May Family - Indians, South Dakota
- Collette Michel - Netherlands

### THURSDAY ☐

- Gerald Miller Family - Fundamental Broadcasting Network
- Ron Moreland Family - Central Asia
- Neighborhood Bible Time - Youth
- Ed O'Brien Family - Church Planting, Arkansas
- Joe Passaro Family - Military, Germany
- Chip Paugh Family - Beacon of Truth
- Matt Perrine Family - Church Planting (Petersburg, WV)
- C.P. Family - Central Asia
- Jeremy Pittman Family - Uganda, Africa
- Dr. Jerry Reece Family - Caribbean
- Nathan Ring Family - Brazil
- Jason Ritchie Family - Mongolia, Central Asia

### FRIDAY ☐

- Dave Robinson Family - FBN
- Dr. Jimmy Rose Family - B.I.M.I. Brazil Director
- Dr. Fred Schindler Family - First Bible International
- Michael Schrimshire Family - Great Britain/B.I.M.I.
- Jim Shelton Family - Puerto Rico
- Shepherd's Home - Wisconsin
- Dr. Clayton Shumpert Family - C.L.A.I.M.
- Nathan Snode Family - Church Planting, Cranberry, PA
- Travis Snode Family - London, England
- Gary Sprunger Family - BIMl Caribbean Director

### SATURDAY ☐

- Dan Stroup Family - Beacon Of Truth
- Sword of the Lord - Literature
- D.T. Family - Europe
- Robert Vance Family - Missions Supply
- Chris War Family - Military Church Planting, Italy
- Henry Ward Family - Japan
- Charles Weber Family - Mongolia
- Joshua Wesson Family - Dominican Republic
- Duey Whitfield Family - Spanish America, PA
- Ray Witmer Family - Prison Ministry
- Jeff Williams Family - New Zealand



# Praying *for* **Revival!**

## Missions Emphasis Sunday

With Brother Ken Fielder of Worldview Ministries (worldviewonline.net)



All services on Sunday, December 6 - Refocusing on our missions commitments

### Tips On Personal Soul Winning

7:00 p.m. on the first Wednesday of each Month



Mountain Lake Independent Baptist Church  
301-334-3234 www.mlibc.org

Mtn. Lake Independent  
Baptist Church  
1005 Broadford Road



Evangelist Don C. Williams

**Chalk Artist**  
Chalk Paintings  
each night

SPECIAL FALL  
SERVICES

Gospel Preaching

**Nov. 15-20**

FM Radio 88.7  
www.mlibc.org

Sunday School 9:45 am  
Morning Services 10:45 am  
Evening Service 7:00 pm

Monday - Friday 7:00 pm

## Ladies' Christmas Getaway December 10-12



At the **Gaylord National Resort** in Washington, D.C.

Gaylord Resort sets within TANGER OUTLETS.

Also, Step inside "ICE!" - a winter wonderland created entirely of 5,000 BLOCKS of ice weighing 2 MILLION POUNDS, hand-sculpted by 40 international artisans.

Cost is \$100.00 for 2 nights, plus any other expenses. See Kathy Leatherman for more information.

WHEN GIVING TO  
**FAITH PROMISE MISSIONS,**  
DON'T FORGET TO MARK YOUR CHECK OR OFFERING ENVELOPES:  
**"MISSIONS!"**



# Blankets for Babies



**A Ladies Ministry -**  
making gifts for newborns to reach their families for Christ.  
Next meeting is Thursday, November 19 10:00a.m. - 12:00 noon  
*Bring a pair of sharp scissors!*

## Thanksgiving Turkey Praise Fellowship

6:00 p.m., Tuesday, November 24  
Bring a side dish and pumpkin pie!

Join us for  
this special  
fellowship!

VETERANS DAY

• thank you for serving •

## A Special Recognition Of All Our Vets.

10:45 a.m., Sunday, November 15



THIS WEEK AT MTN. LAKE INDEPENDENT BAPTIST CHURCH

Wednesday

5:00 p.m.

**Teen Soul Winning**

7:00 p.m.

**Master Clubs**

**Teens Alive**

## MIDWEEK PRAYER & PREACHING

**Our study of the Sermon On The Mount**  
continues with the message:

## “Second Mile” Christians, Part 2

*Every Christian needs “Three to Thrive”*  
(Sunday am, pm, & Wed. evening services)

**Great  
Commission  
Day**

**GO**

10:00 a.m. Saturday

Canvassing & soul winning in obedience to our Great Commission

## Dinner with “Doc”

with Dr. & Mrs. Don C. Williams



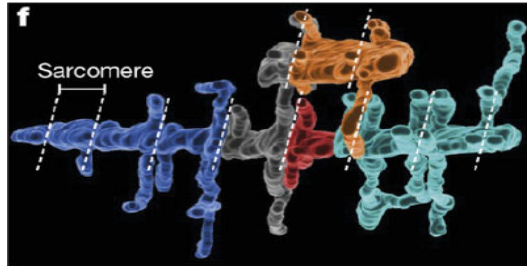
5:00 p.m. Saturday, at Perkins Restaurant in McHenry

# Cell Feature Resembles Power Grid

by Brian Thomas, M.S. \*

Apparently, it's time to alter biology and anatomy textbooks again. There's much more to mitochondria than we ever thought. Researchers revealed that these tiny cellular power houses are highly organized to efficiently deliver ATP energy. They interconnect throughout muscle cells, forming a gigantic mitochondrial network. Researchers published this stunning discovery in *Nature*, calling it the “mitochondrial reticulum.”<sup>1</sup>

The interconnected mitochondrial net wraps around long, tubular, protein bundles that contract inside cells to make muscles move. This design efficiently delivers the right fuel to the right place at the right time and in the right quantity. But the scientists found more.



Small section of grid-like mitochondrial interconnections that wrap around specific zones within contractile protein bundles (not shown, but indicated with dashed lines) imaged inside a mouse muscle cell.

Image credit: Copyright © 2015 Rights Managed by Nature Publishing Group. Adapted for use in accordance with federal copyright (fair use doctrine) law. Usage by ICR does not imply endorsement of copyright holders.

Areas of the mitochondrial net that lie next to blood capillaries “are optimized for generating the mitochondrial membrane voltage, while the interconnected mitochondria deep in the muscle are optimized for using the voltage to produce ATP,” according to lead author Robert Balaban in a National Institutes for Health news release.<sup>2</sup>

Variable voltages maintained throughout the network fuel the mitochondrial machines that generate ATP. In other words, carbohydrate chemical energy enters the mitochondrial reticulum near the source, gets converted to electric energy which travels deep into the muscle cell, and that gets converted to ATP chemical energy right where muscle proteins need it the most. It's a brilliant manufacturing and distribution array “that resembles the wire grid that distributes power throughout a city.”<sup>2</sup>

If real people designed and built power grids in cities, it stands to reason that a real Person made miniature mitochondrial power grids in muscle cells, which are even more complicated and more tightly regulated than human-engineered systems.

## References

1. Glancy, B. et al. 2015. Mitochondrial reticulum for cellular energy distribution in muscle. *Nature*. 523 (7562): 617-620.
2. High-resolution 3D images reveal the muscle mitochondrial power grid. National Institutes for Health News. Posted on nigh.gov July 30, 2015, accessed August 6, 2015.

\*Mr. Thomas is Science Writer at the Institute for Creation Research.