HOLD ON TO THE GOOD PART

Mary hath chosen that good part. Luke 10:42

Do you ever feel that there are a thousand things going on in your mind and it is just hard to sort them out? Are there times when you feel that there is just too much on the schedule and you will never get it all finished? Do you sometimes have so much on your plate of life that nothing ever gets done right? One might call that the Martha Syndrome. “Thou art careful and troubled about many things.” Life becomes a burden to us when we become burdened about so many things. There is always plenty to worry about: finances, work, children, school, church, health, national security, the economy, etc. If that is not enough, one can worry about the health of everyone else. We can be troubled about what’s for supper or if the grass is cut or if the dishes are washed. Yes, life can be a burden.

Life does not have to be that way. Mary discovered that. She found that life was different at the feet of Jesus. There was a place of peace and rest. Life could be drastically different in close proximity to Christ. Mary found her place at Jesus feet. But it wasn’t just the place she found but notice also her position. She was sitting at Jesus feet. Martha was not sitting. In her life there was no time for sitting. There are times, even in our Christian walk, when we need to sit. There is rest to be found in the presence of Jesus. We can have rest from the burdens of life. Don’t you know that there was a wonderful conversation that must have transpired between Jesus and Mary? Yet, we are not given one word of that conversation in the gospels. We are given some of the conversation between Jesus and Martha. Those words tell us that Jesus was very concerned about Martha. He cared for her health, her sanity, and her spiritual life.

He cares about me and you also. We are invited to stop the maddening pace of this twenty-first century life and sit down at the feet of Jesus and find rest for our weary souls. There are so many things going on today. So many things competing for our time such as ball practice, music and dance lessons but we must find some time for our souls. The only time and place that will help our souls must be in the close presence of Christ our Lord. There is a good part to have. Find it and hold on to it.

Yours in Christ,

Brother Randy Burtram