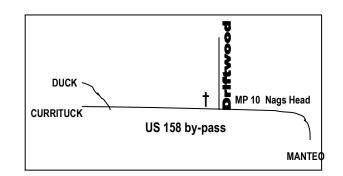
e ChildAdultSMI	Distance25 miles50 miles 100 miles T shirt size XL
	E-mail Address
CityState Zip	Mailing Address
Phone #	Name
<b>REGISTRATION FORM</b>	2014 LIGHTHOUSE BIKE RIDE REGISTRATION FORM

Independent Baptist Church



US 158 & E. Driftwood St. at MP 10 in Nags Head PO Box 148 Nags Head, NC 27959 www.stillwatersbaptist.org (252) 255-1835 Tony Facenda, Pastor



PLEASE HAVE REGISTRATION IN BY SEPTEMBER 15 to guarantee your t-shirt





Three Different Lengths One Great Day



Saturday September 27, 2014

# Best Rest Stops on the East Coast











And much, much more!

# **BIKE RIDE**

#### Your Participation Results in:

- ✓ Experiencing great fellowship
- ✓ Enjoying the Outer Banks
- ✓ Getting fresh air and exercise
- And helping young people have the opportunity to attend summer camp.

### THE COST

\$35 - for the 25 & 50 mile rides

**\$50** - for the 100 mile ride

#### \$85 – Family Rate Immediate Family can ride for one great rate! \$5 discount for registrations received by September 8

#### HOW TO REGISTER

- IN PERSON Still Waters Baptist Church US 158 and Driftwood Street at MP 10 in Nags Head
- BY MAIL Still Waters Baptist Church PO Box 148 Nags Head, NC 27959
- ON THE WEB www.stillwatersbaptist.org Click on Bike Ride

# CHECK IN

7:00 -7:45 AM

Still Waters Baptist Church US 158 & Driftwood St. at MP 10 in Nags Head, NC

Continental breakfast - 7:00 – 7:45 AM (cereal, sweet rolls & fruit)



CYCLISTS MUST BE AT THE CHURCH BY 7:45

## WHAT TO EXPECT

- > All routes start from the church, after orientation, and end at the church.
- There will be rest stops complete with restrooms, water and an assortment of snacks and fruit.
- Support vehicles will also be on hand to provide assistance if needed.
- > Lunch will be provided.



# 25 and 50 Miles

- From the church
- To the end of Old South Nags Head Road
- Back to the church (for 25)
- Up to Southern Shores & back to church on the sound side (for 50)

## 100 MILES

- From the church to Currituck Lighthouse
- Back to the church via sound side
- To the end of Old South Nags Head Road
- Back to church

<u>NOTE:</u> Entrance to the Bodie Island Lighthouse and the Wright Memorial are not part of the official routes. Those wishing to visit these sites during the ride can do so on their own.

Youth, 16 and under, must be accompanied by an adult



We recommend that <u>all</u> participants wear a helmet. Those under 18 <u>must</u> wear helmets!